



13UNovember 2019

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
					1	2
3	4	5	6	7	8	9
10	11	12	13	14 Signing night 6:30 pm	15	16 Practice 3:00 pm-6:00pm
17 Practice 2:00pm- 4:00pm	18	19	20	21	22	23 Practice 3:00 pm-6:00pm
24 Practice 2:00pm- 4:00pm	25	26	27	28 Happy Thanksgiving	29	30 3-6pm

notes

Carolina Shockwave would like to welcome you to our Shockwave family! We look forward to a season packed with your child's learning individually and collectively! You will receive a team contact sheet within the next week. If you're interested in being a team mom, please text coach T.